

# Kelly McNelis

AUTHOR | TEACHER | CEO



## MEET KELLY

Kelly McNelis is the CEO of **Kelly McNelis, LLC**, and the founder of **Women For One**, a global community that empowers women to embrace their voices and make life happen on their own terms. With more than 25 years of experience as a speaker, coach, trainer, facilitator and small-business consultant, Kelly empowers generations of women around the world to build the relationships, community, and confidence they need to achieve their wildest dreams.

As a gifted facilitator, Kelly helps women tap into their lives powered by truth. Her compassionate and relatable approach has helped thousands of women across the world live joyful, passionate lives free of shame and limitation so that they can be more purposeful leaders in their personal lives, their workplaces, and their communities. She is a heartfelt advocate for women who have the desire to step up, speak out, and shine.

Kelly and her work reaches hundreds of groups across a number of industries and target populations: government, youth-focused organizations, nonprofits, schools, community centers, and leadership-development masterminds. She offers keynote addresses at local and national conferences, facilitates roundtable-style discussions for professional organizations, and leads intimate discussion groups among emerging leaders. Her workshops cover topics such as radical transformation in the feminine empowerment industry, the emotional health of young people, and the power of stories to move us beyond shame and secret-keeping. She has also created popular digital courses that help women step into bolder, more passionate and productive lifestyles.

Kelly is a bestselling author of ***Your Messy Brilliance: 7 Tools for the Perfectly Imperfect Woman***, published by Enrealment Press in Fall 2017. Kelly has appeared in numerous magazines, as well as on radio and television; she was featured in the April 2019 issues of *Entrepreneur* and *O!* magazines.

## CORPORATE OFFERINGS

- Team collaboration
- Leadership development
- Hard conversations for the workplace training
- Assertiveness training
- Performance and employee engagement training

*"Kelly clearly shows us that when we free our attention and energy from the need to get it right, we can experience our own pleasure and power in spades."*

—Regena Thomashauer, *New York Times*—bestselling author and founder of the School of Womanly Arts

## WORK WITH KELLY

As a business consultant, Kelly takes her clients beyond one-size-fits-all offerings and identifies what organizations need to promote a successful, healthy, and productive work environment. She and her team will conduct a comprehensive review and assessment of your organization that includes recommendations for how to increase your team's leadership, develop creative solutions, foster engagement and efficacy, and address your unique challenges and learning edges.

## POPULAR WORKSHOPS

### HARD CONVERSATIONS TOOLKIT: YOUR GUIDE TO THOSE “CAN WE TALK” MOMENTS

What if you could say what you need to say every time without putting it off or holding it in? What if you had the power to turn conflict into an opportunity for connection and win-win solutions? In this workshop, participants learn how to have difficult conversations in a way that is generous, honest, effective, and direct. In the process, whether you are a team leader or support person, you'll experience increased employee engagement and job satisfaction; build a stronger, more collaborative and transparent work environment; and operate as an efficient team dedicated to your organizational goals.

### YOUR MESSY BRILLIANCE®: RECLAIM YOUR POWER AND TRUTH

Life is messy—and this is actually a good thing! Dive into your messiness by releasing your imperfections and freeing yourself from a nasty case of the “shoulds.” This spirited interactive workshop offers participants powerful tools for reclaiming their brilliance, and for letting their messiness be a guide to creative solutions and team-building. Outcomes include the ability to generate original, innovative ideas and solutions; fresh approaches to leadership and communication skills; and fun ways to build team cohesion.

### SISTERHOOD AND THE POWER OF STORY

When women share their wisdom and stories with one another, they transform the world. This workshop offers exercises for vulnerable truth-telling, which creates the deep connections we need in order to move beyond our limiting beliefs and strengthen our bonds as women. Participants will also experience the power of mentorship between women, which fosters an environment of collaboration, creativity, and shared leadership.

### UPLIFT YOUR VOICE, BREAK THE SILENCE

There is power in numbers—and as women share their stories about the challenging issues that impact them, from sexual assault to gender inequality, without shame or self-silencing, we transform society one voice at a time. This workshop offers tools and a process for setting boundaries, as well as supporting one another in addressing disrespect and abuse in the workplace in an effective and compassionate way.



## CONNECT WITH KELLY

For more information about bringing Kelly into your workplace, email us at [info@kellymcnelis.com](mailto:info@kellymcnelis.com).

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